



# ADVENTURE

## GREEN MERIT

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## BACHLOR

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Version 06/2010

# Bachelor



## Merit Overview

### In This Merit

Merit Answer Guide  
Lessons 1–5  
MLR\* 1 “Food Pyramid”  
MLR 2a “Budgeting Income”  
MLR 2b “Budget Work Sheet”  
MLR 3a “Weekly Menu”  
MLR 3b “Shopping List”  
\*MLR: Merit Lesson Resource

### Teaching This Merit

Lesson 1 covers Requirements 1, 2, 3, and 12.  
Lesson 2 covers Requirement 11.  
Lesson 3 covers Requirements 4, 5, 7, 9, and 10.  
Lesson 4 covers Requirement 6.  
Lesson 5 covers Requirement 8.

## Merit Answer Guide

1. Prepare and cook three complete meals for your family.  
*Verify the completion of this requirement. The boy may use the menus completed in Requirement 7 for this.*
2. Wash and clean the kitchen dishes for five different meals.  
*Verify the completion of this requirement.*
3. Clean and sanitize the kitchen oven, stove, refrigerator, and wastepaper basket.  
*Verify the completion of this requirement.*
4. Under adult supervision, wash and fold the family laundry on four separate occasions.  
*Verify the completion of this requirement. Check MWS 1 “Separating Laundry” using the answer key.*
5. Vacuum, dust the furniture, and make your bed for four weeks. Vacuum the entire house, apartment, etc. Dust the wood or laminate furniture. Make your bed completely.  
*Verify the completion of this requirement.*
6. Under adult supervision, iron a shirt, a pair of pants, and one other article of clothing.  
*Verify the completion of this requirement.*
7. Under adult supervision, demonstrate your ability to plan a complete weekly menu, prepare a shopping list, and purchase ingredients.  
*Verify the completion of this requirement. Review MWS 2 “Weekly Menu” and MWS 3 “Shopping List.”*
8. Under adult supervision, sew on a button by hand.  
*Verify the completion of this requirement.*
9. Keep your room, dresser, and clothes closet clean for your parents’ or guardians’ inspection for a month.  
*Verify the completion of this requirement.*
10. Clean the bathroom facilities and floor on two separate occasions.  
*Verify the completion of this requirement.*
11. Do the following:
  - a. Prepare a personal budget for two months. It must include a savings plan. Keep track of everything you buy. At the end of each month balance all income earnings with your expenses and savings.
  - b. Review your two-month budget with your commander. Explain how much money you saved, how you’ve spent your money, and if you were able to live within your budget.  
*Discuss with the boy his budget. Review MWS 4 “Budget Work Sheet Month 1” and MWS 5 “Budget Work Sheet Month 2.”*
12. Do the following:
  - a. Select a personal goal you want to achieve. (This may be a short-term goal such as buying clothes, or it may be a long-term goal such as saving for college.)
  - b. Write a plan to achieve it. Determine the following:
    - i) How much will it cost?
    - ii) How much time do you have to achieve your goal?
    - iii) How will you earn the money to pay for your goal?
    - iv) What adjustments could you make to your plan if you cannot reach your goal in time?  
*Have a short discussion with the boy to talk about his budgeting goal and what he learned from his experience.*

**Bachelor MWS 1: Separating Laundry**

Separate the laundry in the following list. If the laundry would go in a basket with light-colored clothing, put an *L* on the line. If the laundry goes with dark colors, put a *D* on the line. If the laundry needs special handling because of fading or excess lint, put an *S* on the line.

- L white cotton socks
- D black cotton socks
- L white underwear
- S red cotton T-shirt
- S new blue jeans
- L light print shirt
- L Royal Rangers khaki pants
- S washcloth
- S greasy cotton white T-shirt
- S sweatshirt
- L light-blue socks
- S red cotton socks
- L white cotton-polyester T-shirt
- D dark-blue T-shirt
- L new light cotton-polyester pants
- L white cotton-blend shirt
- D black polyester socks
- S light-green cotton flannel sheets
- D blue jeans
- L green boxer shorts

Place the correct answer on the line in front of the number.

- c 1. You should wash new jeans in \_\_\_\_\_ water.  
(a. hot, b. warm, c. cold)
- b 2. You should put bleach in \_\_\_\_\_ clothing only.  
(a. dark, b. white, c. colored)
- c 3. When washing towels you may combine them with \_\_\_\_\_.  
(a. black socks, b. dark colored pants, c. white sheets)
- a 4. When washing a red shirt for the first time, you wash it in \_\_\_\_\_ water.  
(a. cold, b. warm, c. hot)
- b 5. When washing a black shirt you wash it \_\_\_\_\_ bleach.  
(a. with, b. without)
- a 6. Greasy work clothes should be washed in \_\_\_\_\_ water.  
(a. hot, b. cold, c. warm)





# Bachelor

## Objectives

1. The boys will be able to select a personal goal to achieve.
2. The boys will be able to develop and write a plan to achieve their goal.
3. The boys will be able to clean an oven, refrigerator, stove, and wastepaper basket.

## Materials

- Merit Answer Guide
- MLR 1 “Food Pyramid”
- Catalogs or magazines that can be cut
- Scissors
- Glue or tape

## Preliminary Information

Begin the Bachelor Merit at the beginning of a quarter so that the boys will have enough time to complete the budgeting portion before the Council of Achievement. Most of the requirements in this merit will be done at home with encouragement from the commander and parents.

Lessons on budgeting are closely related and should be taught in order during the first two lessons.

Many people want instant gratification. They

see something they want, and even if they can't afford it, they buy it anyway using credit. By helping the boys set goals for items they want to purchase, you will be allowing time for them to consider what is most important to them. They will learn valuable lessons in patience as they learn to live within their means.

Prepare MLR 1 “Food Pyramid” as a transparency.

## Lesson

**Selecting a Personal Goal.** It has been said that if you don't know where you are going, any road will do. Financially, if you don't have a goal in mind, you will end up with a lot of stuff, but will be unable to purchase the things you need or really want.

Have the boys write on a piece of paper something they would like to purchase. Have them decide how much money they would have to spend to purchase it.

Let the boys browse through catalogs and magazines looking for a picture that represents the item they would like to purchase. Have them cut it out and glue or tape it in the space provid-

ed in Requirement 12 of their workbook. Or they could draw a picture of the item. For example, if their goal is to save for college, they could draw something to represent that, like the school's mascot. Have them write out their goal in their workbook.

**Planning to Achieve the Goal.** Let the boys spend some time writing out a plan to achieve their goal by answering the questions in Requirement 12b. Talk through these questions with the boys, giving them suggestions when needed. For example, you may have the boys brainstorm ways they can earn money.

**Preparing and Cooking Family Meals.** Let

the boys tell you step by step what is involved in preparing and cooking meals. Be sure they include having the ingredients on hand. Give each boy a piece of paper and let him begin to write out three complete meals that he can prepare for his family for Requirement 1. Show MLR 1 “Food Pyramid” and remind the boys what healthy items they need to include in their menus while they write them out. Encourage each boy to review the plan with his family and do at least one of the meals this week at home.

**Dishes Cleanup.** Talk with the boys about what’s involved in cleaning the kitchen dishes. Be sure they include washing pots and pans that are used in making the meal, in addition to loading and unloading the dishwasher, if they use one. Encourage the boys to clean the kitchen dishes this week for Requirement 2.

**Kitchen Cleanup.** Talk with the boys about the various areas in a kitchen that need to be cleaned and sanitized. Be sure to let them know not to use chemical oven cleaners because of the toxic nature, unless a parent allows it. The boys should operate a self-cleaning oven under parental supervision. They should also check with parents about cleaning the cook-top stove, if it needs special care.

Discuss cleaning out the refrigerator, which includes removing spoiled items, cleaning the inside with baking soda and water, and wiping it clean.

The kitchen wastepaper basket must be washed out with disinfectant.

Encourage the boys to do at least one part of the kitchen cleanup this week for Requirement 3.

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## Advancement

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Be sure the boys have completed Requirement 12 in their workbook and are working on

Requirements 1, 2, and 3. Sign off on the requirements.



# Bachelor

## Objectives

1. The boys will be able to set up a personal budget.

## Materials

- Merit Answer Guide
  - MLR 2a “Budgeting Income”
  - MLR 2b “Budget Work Sheet”
  - MWS\* 4 “Budget Work Sheet Month 1”
  - Overhead projector
- \*MWS: Merit Work Sheet

## Preliminary Information

It is easy to spend money. All you have to do is find something you want to have, and if you have enough money, you buy it. When you don't have enough money, you can use credit. Helping boys to understand the principles of budgeting now may save them great financial stress later in life.

For this merit the boys are required to track their personal budget for two months. Each week check on their progress, and encourage them to keep written records.

Prepare MLR 2a and 2b as transparencies.

## Lesson

**Personal Budget.** God expects us to be careful with the use of our money, time, talents, and other resources we have been given. We need to learn to be good stewards. Learning how to use a personal budgeting system can help you be a good steward of your money. Ask the boys if any of them use a budgeting system. If someone does, have him explain how he divides up his money and for what purposes.

Display the top part of MLR 2a “Budgeting Income.” Have the bottom portion covered at this point. Talk about the percentages listed as being general guidelines that can work for most people and are generally a good use of money. However, there will be times when you want to give more than 10 percent or save more than 25 percent, and those adjustments can be made.

God instructs us in Malachi 3:8–12 to give 10 percent of our income to Him. The first thing we should do is set aside \$1 for every \$10 of income. This is the tithe, and it goes to the local church.

You may want to purchase something that requires you to save your money, maybe a new computer game or bike. Money for this would go into your short-term savings, which is \$2.50 for every \$10 of your income. After a short period of time, you will have enough to buy what you've been saving for.

Other things that you will want in the future require that you put aside money for a long time. These may include college, trade school, or a car. Set aside \$2.50 for every \$10 of income and put it in a long-term savings account.

And of course you will want to spend some of



your income now. A general guideline is to spend \$4 of every \$10 for those kinds of things.

Ask the boys how they would divide up \$25 that they received from their uncle. Ask them if they received \$20 a week for allowance, how long would they need to save to buy a \$38 game.

**Sources of Income.** Ask the boys what income is. Income is any money that is received. Ask them what their sources of income are. Uncover the bottom of MLR 2a to show possible sources of income.

**Expenses.** Ask the boys what expenses are. Expenses are anything we pay money for, including sodas, candy, popcorn, clothes, games, shoes.

**Budget Worksheets.** Let the boys know that

unless they write down their income and the percentages for giving, saving, and spending, it is likely their money will slip through their hands, and they won't feel as though they can do the things they want. Encourage the boys to keep careful records of what they receive. Display MLR 2b "Budget Work Sheet" and have them turn to MWS 4 "Budget Work Sheet Month 1" in their workbook. Using a marker, write in sample amounts on the transparency to show the boys how to fill out the work sheet.

Let the boys know they need to track their personal budget for the next two months to fulfill Requirement 11.

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## Advancement

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Check to see whether any boys have completed Requirements 1, 2, or 3 at home this week. Sign off on the requirements.





# Bachelor

## Objectives

1. The boys will be able to do their laundry.
2. The boys will be able to explain how to vacuum, dust, and make their bed.
3. The boys will be able to plan a weekly menu, prepare a shopping list, and purchase ingredients.
4. The boys will be able to explain how to keep their room clean.
5. The boys will be able to explain how to clean a bathroom.

## Materials

- Merit Answer Guide
- MLR 3a “Weekly Menu”
- MLR 3b “Shopping List”
- MWS 1 “Separating Laundry”
- MWS 2 “Weekly Menu”
- MWS 3 “Shopping List”
- Examples of laundry: whites, bright colors, dark colors, and towels
- Laundry detergent
- Stain remover
- Overhead projector

## Preliminary Information

This lesson covers a number of household tasks, including laundry, cleaning, and shopping. Plan to spend enough time to cover the basics of each. The fulfillment of the requirement actually takes place at home with each boy’s family. Be

sure that parents understand what is expected of them for these requirements so they can sign off on jobs well done.

Prepare MLR 3a and 3b as transparencies.

## Lesson

**Laundry.** Laundry isn’t a very complicated task. There are some guidelines to follow. Encourage the boys to talk to the person in their home who normally does the laundry to be sure that they are following that person’s guidelines. Here are some tips for doing laundry. Go through these briefly with the boys.

Separate the clothes into three piles: whites, bright colors, and dark colors. Show the boys examples of each. Separate each of those piles into piles that produce lint and those that attract lint. Clothes that attract lint are corduroy and most permanent-press clothes. Clothes that produce lint are flannels, towels, and sweats. Wash each pile separately.

Zip zippers and clean out pockets. Use stain remover, if necessary. Show a bottle of stain remover. Follow the manufacturer’s instructions. Use hot water for washing heavily soiled clothing.

Use the correct amount of detergent. Show the detergent. Each comes with a measuring cup to be sure enough soap is used to clean a load of clothes. Show the boys the instructions on the box or bottle.

Set the water temperature on the washer to hot, warm, or cold. Check clothing labels for specific instructions on water temperatures. It is better to use cold water on bright colors and dark clothes to prevent shrinkage and to keep the colors from fading. Use warm or hot water for preshrunk cottons.

Set the cycle on the machine. Most have three cycles: regular (for cotton and sturdy clothing), heavy, and delicate. For most loads, regular is best. Set the water level based on the size of the load.

When adding bleach, allow the machine to run for a few minutes to mix the detergent and water. Color-safe bleach can be used on all color clothing that is colorfast. You can determine this by soaking a hidden part of the garment in a teaspoon of color-safe bleach for a minute. Rinse and let it dry. If the color didn't fade or bleed, it is safe to use.

Most clothes can be put into the dryer. Again, read labels to find out. Many people use antistatic sheets. Clean out the dryer lint filter before turning on the dryer. Set the timer on the dryer. Once the clothes are dry, remove and fold or hang them immediately.

Have the boys complete MWS 1 "Separating Laundry" in their workbook to review the information covered.

Encourage the boys to do the family's laundry this week in partial fulfillment for Requirement 4.

**Vacuuming.** Ask the boys what is involved in vacuuming and dusting and making beds. Let volunteers describe each task in detail. Be sure they understand that a once-over is not enough to pick up all particles when vacuuming. The vacuum should be run over an area five to eight times, more where foot traffic is heavy. Items, such as small tables, should be moved when possible so that the vacuum can get underneath them. Vacuum underneath beds. Encourage the boys to do each task this week in partial fulfillment for

Requirement 5.

**Cleaning Bedrooms.** Ask the boys what is involved in keeping their room, dresser, and closet clean. Encourage them to clean their room this week for their parents' inspection for partial fulfillment of Requirement 9.

**Cleaning Bathrooms.** Ask the boys what is involved in cleaning the bathroom facilities and floor. Be sure they include scrubbing the sink, counter, toilet, and bathtub or shower with a cleanser or a vinegar and water solution. The sink should be wiped out with a towel to reduce water stains. A tile or linoleum floor should be swept and cleaned with floor cleaner or a vinegar and water solution. Carpeting should be thoroughly vacuumed. Throw rugs should be vacuumed or shaken outside or washed. Encourage the boys to clean the bathroom in their home this week in partial fulfillment of Requirement 10.

**Shopping.** Display the MLR 3a "Weekly Menu" transparency. Ask the boys for suggestions of items for a menu for one of the days. Write in their suggestions under the appropriate category. Remind them of the importance of eating a healthy diet. Then display MLR 3b "Shopping List" and transfer ingredients needed for the menu to the list. For Requirement 7, encourage the boys to use MWS 2 "Weekly Menu" in their workbook to plan a week of menus and MWS 3 "Shopping List" to list all the items needed. The boys will need to go with their parents to purchase the ingredients. Some of these meals may include those prepared for Requirement 1.

## Advancement

Check to see whether any boys completed Requirements 1, 2, or 3 at home this week. Sign off on the requirements. Encourage the boys to

continue keeping their personal budget work sheets.



# Bachelor

## Objectives

1. The boys will be able to iron several clothing items.

## Materials

- Merit Answer Guide
- Clothing items for the boys to practice ironing on: shirt, pair of pants, pillowcase
- Iron
- Ironing board
- Distilled water
- Clothes hangers

## Preliminary Information

Families aren't doing as much ironing these days due to the types of clothing available and the amount of time people have for this task.

However, boys need to know how to iron those items that look better when ironed.

## Lesson

Demonstrate ironing various clothing items. Then give the boys an opportunity to practice ironing. Following are some tips to share with the boys.

Keep your fingers away from the surface of a hot iron. Never leave a hot iron unattended. An iron left on for a long time can start a fire. Be sure to unplug it after use.

Look on shirt labels for the care of the shirt. Many are wrinkle free and don't need ironing. Some labels will suggest an iron setting.

When using steam, use distilled water. Show the boys how to fill the iron with water. Set the iron to the suggested setting and plug it in. Irons heat up quickly.

**Ironing a Shirt.** Begin ironing the collar of a shirt. Start at the back. When you iron the front

of the collar, iron it from the edges slowly to avoid creasing the collar.

Open the cuffs on the sleeves and iron the inside of the cuffs first. Smooth the sleeves with clean hands before ironing them. Iron the sleeve backs first and then the fronts.

Put the collar on the narrow end of the ironing board, flattening the front panel of the shirt on the ironing board. Start near the shoulder and proceed to the tail of the shirt. Move the shirt so that you can iron the back and finally the other front panel.

Immediately hang the shirt on a hanger. Button it to the second button from the top.

Follow a similar procedure for ironing other items. Let the boys each take a turn at ironing a piece of clothing.

## Advancement

Sign off on Requirement 6 for all boys who ironed an article of clothing. Check to see whether any boys completed Requirements 1, 2, 3, and 7 at home this week. Sign off on the

requirements. Encourage the boys to continue keeping their personal budget work sheets and to work at home this week on Requirements 4, 5, 9, and 10.

LESSON

5



# Bachelor

### Objectives

1. The boys will be able to sew on a button.

### Materials

- Merit Answer Guide
- Needles
- Sewing thread
- Scissors
- Four-hole buttons
- Four- by four-inch shirt-weight material for each boy

## Preliminary Information

Some boys will probably already know how to sew on buttons. However, be sure they can do it as instructed, and check their work.

The boys will still have a number of requirements that they are working on. Over the next

several weeks, remind them to continue to work on them at home, and sign off on them as they fulfill them. Be sure to sit down and review with the boys their personal goals and their budget worksheets.

## Lesson

Demonstrate sewing the button on the material and then let the boys try it. Go around and give assistance where needed.

**Threading the Needle.** Cut a piece of thread eighteen inches long (approximately from the finger to the elbow). Thread the needle, moistening the end of the thread in your mouth to make

it stiffer. Pull the thread through until the lengths are equal. Tie the ends together using an overhand knot. Then tie a second overhand knot.

**Sewing the Button.** Place the button on the material and push the needle up through a buttonhole from underneath. Pull the thread all the way through until the knot is firmly pulled into

the material. Push the needle down through another hole, pulling the thread all the way through. Come back up through the first hole. Repeat this three more times. Then come up through the third hole and down the fourth. Repeat this three times.

**Tying Off.** On the backside, push the needle through the threads on the button and then through the loop, tying an overhand knot. Repeat this. Cut the thread near the button.

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## Advancement

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Sign off on Requirement 8 for all boys who sewed on a button. Check to see whether any boys completed any other requirements at home this week. Sign off on the requirements. Encourage the boys to continue keeping their personal budget work sheets and to work at home

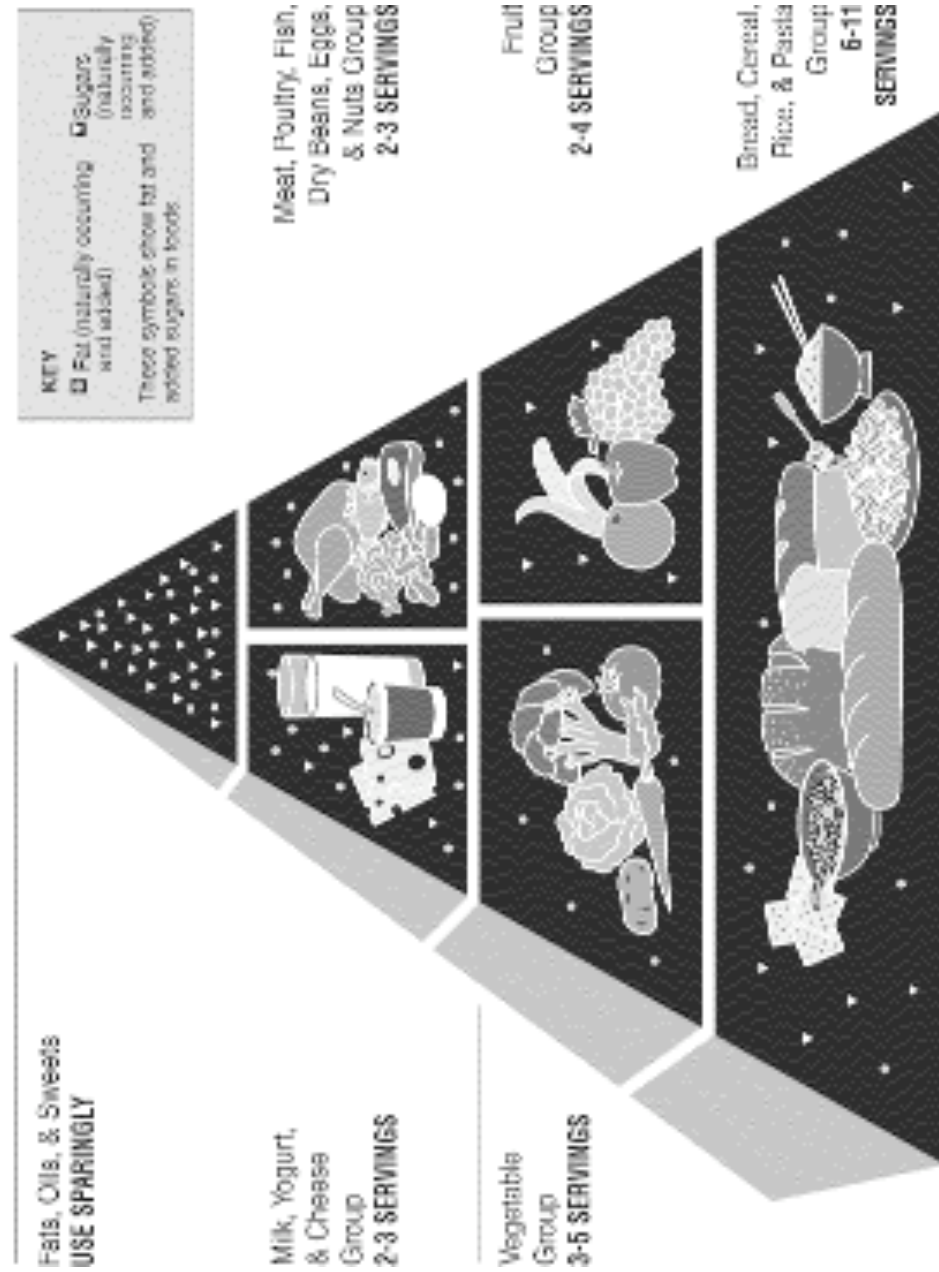
on the other requirements.

Meet with each boy to discuss how much money he saved during the two-month budgeting period, what he spent his money on, and whether or not he lived within his budget.



# Food Pyramid

## Food Guide Pyramid A Guide to Daily Food Choices



Source: U.S. Department of Agriculture/US Department of Health and Human Services





MLR 2a

## **Budgeting Income**

# **Budgeting Income**

**10% Tithe**

**25% Short-term savings**

**25% Long-term savings**

**40% Spending**

# **Sources of Income**

**Allowance**

**Gifts of money**

**Money for jobs you do**

**Money for things you sell**





# Budget Work Sheet

Month:	Amount:	Comment:
Total		
Tithes (10%)		
Short-term Savings (25%)		
Long-term Savings (25%)		
Spending (40%)		

### Income

Date:	Where did the money come from?	Amount	Total to Date

### Expenses

Date:	On what was the money spent?	Amount	Total to Date

At the end of two months, review with your commander the following:

- How much money did you save?
- What did you spend your money on?
- Did you live within your budget?



**MLR 3a**

# Weekly Menu

<b>Breakfast</b>	Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
Main dish							
Fruit							
Bread							
Drink							

<b>Lunch</b>	Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
Main dish							
Fruit							
Vegetable							
Bread							
Dessert							
Drink							

<b>Dinner</b>	Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
Main dish							
Fruit							
Vegetable							
Bread							
Dessert							
Drink							



# Shopping List

Meats	
Fruits	
Vegetables	
Breads	
Drinks	
Other	



# Bachelor Merit

1. Prepare and cook three complete meals for your family.

Meal 1: On \_\_\_\_\_ I prepared for my family  
DATE

\_\_\_\_\_  
\_\_\_\_\_

Meal 2: On \_\_\_\_\_ I prepared for my family  
DATE

\_\_\_\_\_  
\_\_\_\_\_

Meal 3: On \_\_\_\_\_ I prepared for my family  
DATE

\_\_\_\_\_  
\_\_\_\_\_

Parent's Initials  Date \_\_\_\_\_

2. Wash and clean the kitchen dishes for five different meals.

Dates I cleaned the dishes: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Parent's Initials  Date \_\_\_\_\_

3. Clean and sanitize the kitchen oven, stove, refrigerator, and wastepaper basket.

Parent's Initials  Date \_\_\_\_\_

4. Under adult supervision, wash and fold the family laundry on four separate occasions.

Complete MWS 1 "Separating Laundry." Discuss it with the person in your home who normally does the laundry.

Dates I did the laundry: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Parent's Initials  Date \_\_\_\_\_



Leader's Initials   
Date \_\_\_\_\_

Leader's Initials   
Date \_\_\_\_\_

Leader's Initials   
Date \_\_\_\_\_

Leader's Initials   
Date \_\_\_\_\_

5. Vacuum, dust the furniture, and make your bed for four weeks. Vacuum the entire house, apartment, etc. Dust the wood or laminate furniture. Make your bed completely.

- Week 1
- Week 2
- Week 3
- Week 4

Leader's Initials   
Date \_\_\_\_\_

Parent's Initials  Date \_\_\_\_\_

6. Under adult supervision, iron a shirt, a pair of pants, and one other article of clothing.

7. Under adult supervision, demonstrate your ability to plan a complete weekly menu, prepare a shopping list, and purchase ingredients. Fill out MWS 2 "Weekly Menu" and MWS 3 "Shopping List" to fulfill this requirement.

Leader's Initials   
Date \_\_\_\_\_

Parent's Initials  Date \_\_\_\_\_

8. Under adult supervision, sew on a button by hand.

9. Keep your room, dresser, and clothes closet clean for your parents' or guardians' inspection for a month.

- Week 1
- Week 2
- Week 3
- Week 4

Leader's Initials   
Date \_\_\_\_\_

Parent's Initials  Date \_\_\_\_\_

10. Clean the bathroom facilities and floor on two separate occasions. Dates I cleaned the bathroom:

\_\_\_\_\_

Leader's Initials   
Date \_\_\_\_\_

Parent's Initials  Date \_\_\_\_\_

11. Do the following:

a. Prepare a personal budget for two months. It must include a savings plan. Keep track of everything you buy. At the end of each month balance all income earnings with your expenses and savings.

Fill out MWS 4 and 5 "Budget Work Sheet Month 1" and "Budget Work Sheet Month 2" to complete this requirement.

b. Review your two-month budget with your commander. Explain how much money you saved, how you've spent your money, and if you were able to live within your budget.

Leader's Initials   
Date \_\_\_\_\_

Leader's Initials   
Date \_\_\_\_\_

12. Do the following:

- a. Select a personal goal you want to achieve. (This may be a short-term goal such as buying clothes, or it may be a long-term goal such as saving for college.)

My goal: \_\_\_\_\_

A picture of my goal:



b. Write a plan to achieve it. Determine the following:

i) How much will it cost? \_\_\_\_\_

ii) How much time do you have to achieve your goal?  
\_\_\_\_\_

iii) How will you earn the money to pay for your goal?  
\_\_\_\_\_  
\_\_\_\_\_

iv) What adjustments could you make to your plan if you cannot reach your goal in time?  
\_\_\_\_\_  
\_\_\_\_\_

Leader's Initials   
Date \_\_\_\_\_

## Bachelor MWS 1: Separating Laundry

# Separating Laundry

Separate the laundry in the following list. If the laundry would go in a basket with light-colored clothing, put an *L* on the line. If the laundry goes with dark colors, put a *D* on the line. If the laundry needs special handling because of fading or excess lint, put an *S* on the line.

- \_\_\_\_\_ white cotton socks
- \_\_\_\_\_ black cotton socks
- \_\_\_\_\_ white underwear
- \_\_\_\_\_ red cotton T-shirt
- \_\_\_\_\_ new blue jeans
- \_\_\_\_\_ light-print shirt
- \_\_\_\_\_ Royal Rangers khaki pants
- \_\_\_\_\_ washcloth
- \_\_\_\_\_ greasy cotton white T-shirt
- \_\_\_\_\_ sweatshirt
- \_\_\_\_\_ light-blue socks
- \_\_\_\_\_ red cotton socks
- \_\_\_\_\_ white cotton-polyester T-shirt
- \_\_\_\_\_ dark-blue T-shirt
- \_\_\_\_\_ new light cotton-polyester pants
- \_\_\_\_\_ white cotton-blend shirt
- \_\_\_\_\_ black polyester socks
- \_\_\_\_\_ light-green cotton flannel sheets
- \_\_\_\_\_ blue jeans
- \_\_\_\_\_ green boxer shorts

Place the correct answer on the line in front of the number.

- \_\_\_\_\_ 1. You should wash new jeans in \_\_\_\_\_ water.  
(a. hot, b. warm, c. cold)
- \_\_\_\_\_ 2. You should put bleach in \_\_\_\_\_ clothing only.  
(a. dark, b. white, c. colored)
- \_\_\_\_\_ 3. When washing towels you may combine them with \_\_\_\_\_.  
(a. black socks, b. dark colored pants, c. white sheets)
- \_\_\_\_\_ 4. When washing a red shirt for the first time, you wash it in \_\_\_\_\_ water. (a. cold, b. warm, c. hot)
- \_\_\_\_\_ 5. When washing a black shirt you wash it \_\_\_\_\_ bleach.  
(a. with, b. without)
- \_\_\_\_\_ 6. Greasy work clothes should be washed in \_\_\_\_\_ water.  
(a. hot, b. cold, c. warm)





**Bachelor MWS 2: Weekly Menu**

# Weekly Menu

<b>Breakfast</b>	Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
Main dish							
Fruit							
Bread							
Drink							

<b>Lunch</b>	Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
Main dish							
Fruit							
Vegetable							
Bread							
Dessert							
Drink							

<b>Dinner</b>	Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
Main dish							
Fruit							
Vegetable							
Bread							
Dessert							
Drink							

Bachelor MWS 3: Shopping List

# Shopping List

Meats	
Fruits	
Vegetables	
Breads	
Drinks	
Other	



**Bachelor MWS 4: Budget Work Sheet Month 1**

# Budget Work Sheet Month 1

Month:	Amount:	Comment:
Total		
Tithes		
Short-term Savings (25%)		
Long-term Savings (25%)		
Spending (40%)		

**Income**

Date:	Where did the money come from?	Amount	Total to Date

**Expenses**

Date:	On what was the money spent?	Amount	Total to Date

At the end of two months, review with your commander the following:

- How much money did you save?
- What did you spend your money on?
- Did you live within your budget?

**Bachelor MWS 5: Budget Work Sheet Month 2**

# Budget Work Sheet Month 2

Month:	Amount:	Comment:
Total		
Tithes		
Short-term Savings (25%)		
Long-term Savings (25%)		
Spending (40%)		

**Income**

Date:	Where did the money come from?	Amount	Total to Date

**Expenses**

Date:	On what was the money spent?	Amount	Total to Date

At the end of two months, review with your commander the following:  
How much money did you save?  
What did you spend your money on?  
Did you live within your budget?