



Football Merit

1. Read a rule book on the game of football.

Title of rule book: _____

Author: _____

2. Read a book about the history of football. List ten things about the history of football that you did not know before reading the book.

Title of book: _____

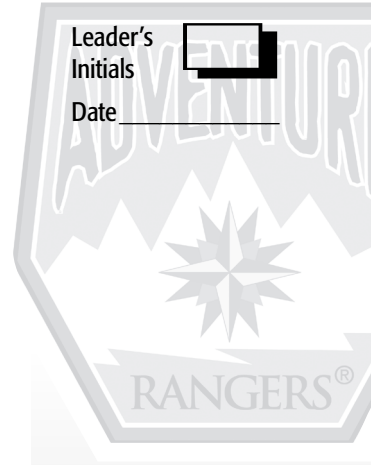
Author: _____

Football facts: _____

3. Draw a diagram of an American football field and identify each part.

Draw your diagram on a separate sheet of paper and include it in your workbook.

4. List ten different rules or penalties in football.



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5. Earn a letter or a certificate of participation for football (junior high, high school, city, or an organized club), as a player, manager, or referee.
Show the letter or certificate to your commander.
6. Write a 300-word essay on the history of one outstanding Christian football coach.
Include the essay in your workbook.
7. List ten exercises that condition the body for football competition.

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8. In writing, explain where the Pro Football Hall of Fame is located and name a football player who is a Hall of Fame member.
The Pro Football Hall of Fame is located in _____.
A Pro Football Hall of Fame member is _____.

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9. Write down the differences between offensive and defensive roles.
Offensive roles are _____

Defensive roles are _____

10. Interview a coach (preferably Christian) regarding the following items. Include the notes of your interview.
 - a. A winning attitude
 - b. Building character
 - c. Setting a good example and being a good role model
 - d. Physical fitness
 - e. Preparation for the future

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