



Knife and Hawk Merit

1. List and demonstrate ten rules of safety for throwing a knife and hawk.

K _____

N _____

I _____

F _____

E _____

AND _____

H _____

A _____

W _____

K _____

2. Make a sheath for a hawk.

3. Demonstrate the proper method of sharpening a hawk.

4. Demonstrate the proper method of throwing a knife.

5. Demonstrate the proper method of throwing a hawk.

6. Participate in at least one throwing competition and “stick” the knife three times out of ten.

Round	1	2	3	4	5	6	7	8	9	10
1										
2										

Mark an X for every “stick.”



Leader's Initials

Date _____

Leader's Initials

Date _____

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Date _____

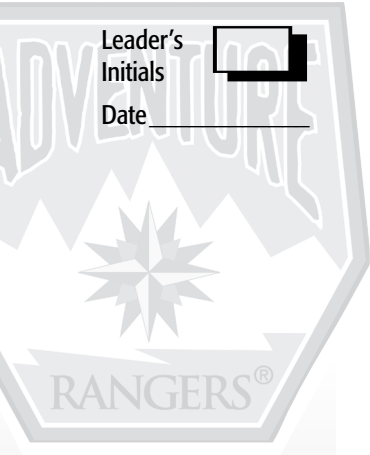
Leader's Initials

Date _____

7. Participate in at least one throwing competition and “stick” the hawk three times out of ten.

Round	1	2	3	4	5	6	7	8	9	10
1										
2										

Mark an X for every “stick.”



Leader's
Initials

Date _____