



Skin Diving Merit

1. Earn your basic skin diving certificate from one of the following organizations:

a. Professional Association of Diving Instructors (PADI)

During the PADI Skin Diver program, you'll learn about the equipment, diving science, environmental conditions to consider, problem management, and the local area.

Age: There is no minimum age for this course.

b. Young Men's Christian Association (YMCA)

Check with your local YMCA to see if skin diving courses are taught or if it only provides training for scuba diving.

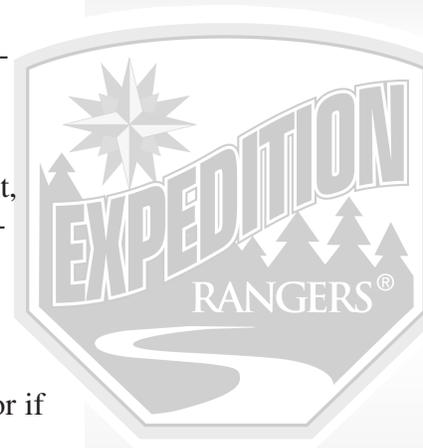
Students learn to be more comfortable with skin diving equipment and to more fully enjoy open-water skin diving. Completion of this course prepares divers for advanced training in skin diving.

Age: Students under fifteen years old must have parent or guardian consent.

c. National Association of Underwater Instructors (NAUI)

The skin diving course provides a certification course in snorkeling and breath-hold diving. Graduates are considered competent to participate in open-water breath-hold diving activities without supervision, provided the diving activities and the areas dived are similar to those of training. The training is designed to develop skin diving skills for swimmers and scuba divers, afford nonscuba divers the opportunity for diving-related training, and provide preparatory training for scuba diving.

Age: You must be at least twelve years old for skin diving certification.



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Date _____