



# Wilderness Survival Merit

1. Build a shelter such as a debris hut. The shelter should have adequate insulation and provide protection from wind and rain.
2. Demonstrate the following methods of purifying water:
  - a. Boiling water in a can, metal cup, or a coal-burned bowl with hot rocks
  - b. Using iodine or purifying tablets
3. Light fires with the listed items and maintain one of the fires for fifteen minutes.
  - a. Flint and steel
  - b. Any two of the following:
    - A magnifying glass
    - A bow and drill
    - Steel wool and battery
  - c. A bow and drill
4. List five edible foods from each of the following groups found in the wilderness: greens, roots, animals, and fish.
5. Memorize and be able to recite the priorities for survival in the order of importance.
6. Make a small survival kit, know how to use each item, and carry the kit on outings.
7. Imagine yourself in the following situations where you have only a pocket-knife and the clothes you are wearing. Three days will pass before you are found. List the things you should do in order to survive. The list should be realistic and based on your survival knowledge.
  - a. Lost in a wooded, mountainous, wilderness area
  - b. Sole survivor of a plane crash in a cold, snow-covered area
  - c. Stranded in a hot desert
8. Go on a survival camping trip of at least twenty-four hours with a friend or a group under adult supervision. Build a shelter out of native materials to stay in overnight, find and use only a natural source of water, and eat only food



Leader's Initials

Date \_\_\_\_\_

you catch or gather in the field. Cooking should be done with any of the following: a can, a sierra cup, a tin cup, or any primitive method such as a coal-burned bowl or a forked stick.

9. Explain the standard distress signals.

10. Explain three ways to navigate without a compass or a map on a cloudy day.

