



Rock Climbing Merit

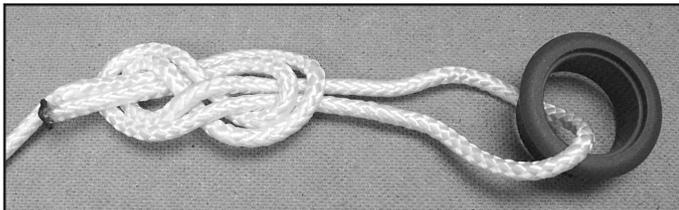
Note: Most rock gyms have a belaying certification program that is required before someone is allowed to belay. You are allowed to climb without the certification, but you cannot belay. This certification can be used to fulfill some of this merit's requirements.

1. Define the following types of climbing:
 - a. Top roping
 - b. Lead climbing
 - c. Sport climbing
 - d. Aid climbing
 - e. Free climbing
 - f. Free solo
 - g. Bouldering

2. Explain the difference between a static and dynamic rope, and when each should be used.

3. Demonstrate your ability to correctly adjust, wear, and use a harness and helmet.

4. Tie the following knots:
 - a. Figure-eight follow-through



- b. Water knot



Leader's Initials
Date _____

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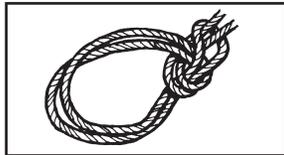
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c. Bowline on a bight



5. List the five basic voice commands used by the belayer and the climber when rock climbing. Explain each command's purpose.

6. Define the following terms used by a climber:

- a. Slack
- b. Up rope
- c. Tension
- d. Falling
- e. Rock

7. Explain the Yosemite Decimal System.

8. Go on three rock-climbing outings with at least one outing outside on real rock. Select climbs so that at least one is rated a 5.6 YDS or higher and a second is rated a 5.8 YDS or higher.



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