



Rowing Merit

1. Demonstrate your ability to swim twenty-five yards.
2. Demonstrate your ability to adjust and use a personal floatation device.
3. Demonstrate to a leader each of the following, with or without a passenger:
 - a. Properly get into and out of a moored boat.
 - b. Properly help a passenger in and out of a moored boat.
 - c. Row in a straight line for fifty yards. Stop, make a pivot turn, and return to the starting point.
 - d. Properly moor or rack your craft. Demonstrate your ability to tie the following mooring knots: clove hitch, round turn with two half hitches.
4. Demonstrate to a leader any TWO of the following:
 - a. In a fixed-seat rowboat, come alongside a dock and help a passenger into the boat. Pull away from the dock, change positions with your passenger, and scull in good form over the stern for ten yards, including at least one 180-degree turn. Resume your rowing position, return alongside the pier, and help your passenger out of the boat.
 - b. Alone, or with one other person who is a swimmer, tip over a rowboat. Tell why you should stay with a swamped boat.
 - c. Alone in a rowboat, push off from the shore or dock or a swimming pool. Row ten yards to a swimmer. While giving instructions to the swimmer, turn the boat so that the swimmer can hold onto the stern. Tow him to shore.
 - d. Show or explain the proper use of anchors for rowboats.
 - e. Explain the types of oarlocks used in recreational rowboats.
5. In written form, explain the following:
 - a. Why is it necessary to pay attention to the weather before and while boating?

Leader's
Initials

Date _____

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- b. Why is it necessary that your parent or an adult know when and where you are boating?
- c. Why should you never boat alone?
- d. Is it always safe to boat in a river? Why or why not?
- e. What equipment should always be available in a boat before launching?
- f. What safety checks should you do on a boat prior to launching?
- g. What respect or courtesies should you show other boaters who are near you?

Write this on separate paper and insert it in your workbook.