



Basketball Merit

1. Read a basketball rule book.

Title of book: _____

2. Read a book about the origin of basketball. List ten things about the history of basketball that you did not know before reading the book.

Title of book: _____

3. Draw a diagram of a basketball court and identify each area of the court.

Draw the diagram on a separate sheet of paper and add it to your workbook. Be sure to identify the following areas on your diagram: free-throw lane, backboard, end line, free-throw line, three-point line, free-throw circle, division line, center circle, restraining circle, and sideline.

4. Explain the following concerning basketball rules and infractions:

a. Name five technical fouls that a player can commit.

b. Name five infractions that a player can commit.

c. Name five fouls that a player can commit.

Leader's Initials

Date _____

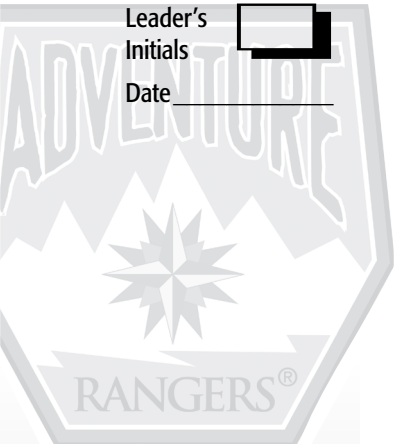


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d. Tell what happens when a violation is committed.

e. Tell what happens when a foul is committed.

5. Explain the roles of a player on offense and defense.

Offense

Defense

6. Write a 300-word essay on how playing basketball has personally benefited your life.

Write the essay on a separate sheet of paper and add it to your workbook.

7. Earn a letter or a certificate of participation for basketball (junior high, high school, city, or an organized club), as a basketball player, manager, or referee. Show the letter or certificate of participation in basketball to the commander.

8. Name your favorite Hall of Fame player and explain how a player gets inducted into the Hall of Fame.

My favorite Hall of Fame basketball player is _____.

9. Interview a basketball coach (preferably Christian) about the following items. Include the notes of your interview.

- a. A winning attitude
- b. Building character
- c. Setting a good example and being a good role model
- d. Physical fitness
- e. Preparation for the future

Insert the notes of your interview into your workbook.