



Tennis Merit

1. Read a rule book on tennis.
2. Write a 250-word report on the origin and history of tennis.
Write the report on a separate piece of paper and insert the report in your workbook.
3. Draw a diagram of a tennis court and identify the various areas of the court.
Add the diagram of the tennis court in your workbook.

4. Define each of the following terms:

- a. Backhand: _____
- b. Forehand: _____
- c. Ground stroke: _____
- d. Deuce: _____
- e. Lob: _____
- f. Service break: _____
- g. Volley: _____
- h. Lines: _____
- i. Love: _____
- j. English: _____
- k. Fault _____
- l. Double fault: _____

5. Describe the difference between singles tennis and doubles tennis. Draw the court of play used by each.

Singles tennis: _____

Leader's Initials

Date _____

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Date _____

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Date _____

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Date _____

Doubles tennis: _____

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Date _____

Leader's Initials
Date _____

Leader's Initials
Date _____

Leader's Initials
Date _____

Insert the diagram of the courts in your workbook.

6. Earn a letter or a certificate of participation for tennis (junior high, high school, city, or an organized club), as a player, manager, or judge.

7. Interview a tennis coach (preferably Christian) about the requirements of training, mental preparation, and commitment that are needed to be a good tennis player. Include the notes of your interview.

8. Write a 250-word essay on how participation on a tennis team has personally benefited your life.
Insert your essay in your workbook.

