

Your name

(Print your name on the line.)

• silver merit •

Frontier Trekker

MERIT REQUIREMENTS CHECKLIST

INTRODUCTION

The Frontier Trekker merit is a part of the Arrowhead merit series developed by the Frontiersmen Camping Fellowship (FCF). Although Arrowhead merits are intended to provide FCF members with specialized training on advanced frontier skills, any Royal Rangers boy may earn an Arrowhead merit and any Royal Rangers leader may teach an Arrowhead merit regardless of FCF membership status. As with any merit, the boy's group leader approves the completion of all Arrowhead merits.

Boys seeking to earn this skill merit or adult leaders seeking to earn the related Arrowhead award must accumulate a minimum of 15 points from any combination of the following requirements. For information on Arrowhead merits and Arrowhead awards, refer to the *Frontiersmen Camping Fellowship Handbook* (2014 edition).

The Frontier Trekker merit will develop specialized pre-1840 hiking skills. Boys or leaders seeking to complete the Frontier Trekker merit or award should complete all requirements using methods, materials, equipment, and gear that would have been present on the American frontier prior to 1840.

MERIT REQUIREMENTS

1. Make an outfit using materials that would have been found in the United States region between 1700 and 1840. At a minimum, the outfit should include pants or leggings, shirt, shoes or moccasins, headgear, and overshirt or coat. (3 points)
2. Make a pack for carrying personal trekking gear. This may include a primitive backpack, a haversack, a basket, a blanket roll, etc. (1 point)
3. Complete a three-day, two-night trek covering at least five miles with one or more other Royal Rangers or FCF members while wearing the outfit you made in requirement 1 and using the backpack you made in requirement 2. (2 points)

Leader's
Initials _____

Date _____

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| 4. Catch, trap, or shoot live game or catch fish while on a trek and prepare the game or fish for eating. (2 points) | Leader's
Initials _____
Date _____ |
| 5. Assemble a fire-starting kit that includes three primitive fire starters that would have been common on the American frontier before 1840. (1 point) | Leader's
Initials _____
Date _____ |
| 6. Draw a map of your trek from requirement 3 and journal the events that occurred during the trek. Write a summary of your trek and submit it for publishing in a Royal Rangers or FCF newsletter or publication. (1 point) | Leader's
Initials _____
Date _____ |
| 7. Build snowshoes using methods and materials that were available on the American frontier prior to 1840. Use the snowshoes on a two-day, one-night winter trek in snow conditions. (2 points) | Leader's
Initials _____
Date _____ |
| 8. Complete a three-day, two-night trek at an elevation above four thousand feet with at least one other Royal Ranger or FCF member. Wear the outfit you made in requirement 1 and use the backpack you made in requirement 2. (2 points) | Leader's
Initials _____
Date _____ |
| 9. Complete a trek that is at least two days and one night with at least two other Royal Rangers or FCF members, using horses, a canoe, or pack mules to transport your gear and supplies. Wear the outfit you made in requirement 1 and use the backpack you made in requirement 2. (3 points) | Leader's
Initials _____
Date _____ |
| 10. Demonstrate how to prepare three different types of food for a trek at an FCF chapter event or a Royal Rangers event. Foods might include jerky, dried corn, hardtack, spices, etc. (1 point) | Leader's
Initials _____
Date _____ |
| 11. Describe how to obtain safe potable (drinking) water in each of the following types of geographical areas: wooded region, high mountain area, desert, plains, coastal area, or island. Describe one method used for water purification prior to 1840. Using pre-1840 methods, purify water found in a natural environment while on a trek. (1 point) | Leader's
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12. Describe three land navigation methods that would have been used prior to 1840. (1 point)

Leader's
Initials _____

Date _____

Date
Completed _____