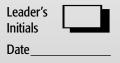


Some answers will need to be written on a separate sheet of paper and put into your notebook.

- 1. Take part for one full season as a member of an organized team in ONE of the following sports, or any other recognized team sport approved in advance by your commander (except boxing, karate, or a sport covered by an existing merit):
 - a. Bowling
 - b. Cross-country
 - c. Diving
 - d. Fencing
 - e. Field hockey
 - f. Gymnastics
 - g. Ice hockey
 - h. Lacrosse
 - i. Rugby
 - j. Softball
 - k. Team handball
 - l. Volleyball
 - m.Water polo Sport Chosen
- 2. Take part in ONE of the following sports, or any other recognized sport approved in advance by your commander (except boxing, karate, or a sport covered by an existing merit) on a competitive basis in two organized meets or tournaments:
 - a. Archery
 - b. Badminton
 - c. Bait or fly casting
 - d. Bowling
 - e. Canoeing
 - f. Cycling
 - g. Diving
 - h. Fencing
 - i. Fishing
 - j. Gymnastics

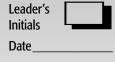




- k. Handball
- l. Horsemanship
- m. Horseshoes
- n. Orienteering
- o. Paddleball
- p. Sailing
- q. Skating (ice or roller)
- r. Skiing
- s. Table tennis
- t. Track and field
- u. Waterskiing
- Sport Chosen
- 3. Explain the meaning of good sportsmanship and give two examples.

4. Explain the qualities of a good team leader and a good team player _____

- 5. Do the following for the two sports you selected for Requirements 1 and 2.
 - a. Write down the rules of play.
 - b. Make drawings of the playing fields or areas.
 - c. Describe the equipment needed to play.
- 6. Write a 300-word essay on how participation in the sports you have chosen has personally benefited your life.
- 7. Interview a coach (preferably Christian) concerning the proper training, mental preparation, and commitment needed to be a good player. Include the notes from your interview in your notebook.



Leader's Initials	
Date	

DV	Leader's Initials Date	
R/	Leader's Initials Date	RS®
	Leader's Initials Date	
	Leader's Initials Date	

W-2

SPORTS MERIT