

Merit Requirements



The following merit requirements must be successfully completed for a boy to be awarded the official Royal Rangers First Aid Skills merit. Content relating to each requirement may be found in the next section of this guide.

1. Explain what first aid is and what you should do after an accident.
2. Explain how to recognize and respond to each of the following conditions:
 - a. Heart attack
 - b. Heat exhaustion
 - c. Frostbite
 - d. Hypothermia
3. Demonstrate the proper care for each of the following conditions.
 - a. Minor cut, scrape, or puncture
 - b. Serious bleeding
 - c. Nosebleed
 - d. Blister
 - e. Splinter
 - f. Insect sting or bite
 - g. Snakebite
 - h. Burn
 - i. Poisoning
 - j. Choking
 - k. Damaged joint or bone
4. Assemble a personal first aid kit suitable for use on Royal Rangers outings.