



Safety Merit

Note: This merit is requiblue to earn the Gold Medal of Achievement.

1. Demonstrate how you would make yourself visible on a nighttime hike. List three precautions.

2. Learn and plan with your family what procedures you would follow in the event of a fire, tornado, or accident in your home. Explain the preparations you and your family can take to prepare yourselves for two such emergencies.

a. Fire: _____

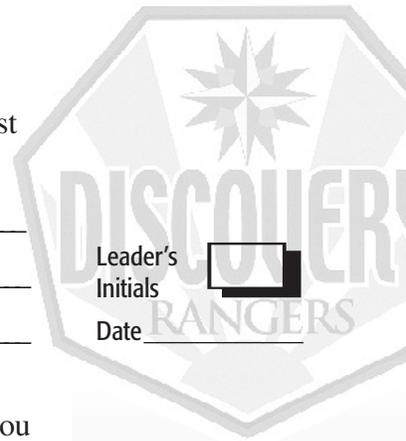
b. Tornado: _____

c. Accident: _____

3. Explain and demonstrate the proper safety procedures for riding a bike on a public road. List three pieces of safety equipment you should have on your bike.

Safety Procedures

- Ride a bike that is the right _____ for you.
- Before each ride check that the _____ aren't loose and your _____ work.
- When exiting a driveway or crossing a street, stop, look _____, look _____, and look left again. Exit only when there is no traffic.
- Ride on the right with the _____ of traffic.
- Stop at all _____ signs and all traffic lights.
- Do not ride in the _____ direction on one-way streets.



Leader's Initials

Date _____

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- Use proper _____ signals to indicate turns.
- Ride _____ file.
- Give right-of-way to _____.
- Carry no _____ (except on approved baby seats).

Bike Safety Equipment

- Use _____ on the front, rear, and both sides of the bike.
- Always wear a bike _____ for head protection. Even a simple fall can damage your brain.
- Check that your _____ are in good working order so you can stop quickly when needed.

4. Explain what safety precautions should be taken in a swimming area. Learn the Eight Defenses Plan for Swimming Safety.

_____ system

Adult _____

_____ equipment

_____ outs

_____ examination

Intelligent _____

Swimming _____

_____ classifications

5. Explain what safety precautions should be taken before venturing out in a small watercraft.

Check your _____.

Never _____ your craft.

Stay with your craft if it _____.

Return to _____ if a storm or strong wind begins.

Be on guard for _____ watercrafts.

Do not get caught without a _____.

Never _____ up or _____ your hands over the side of a moving watercraft.

Never operate a boat in _____ areas.

Leave a _____ plan with an adult.

Learn the proper way to use a _____.

Always wear a _____ (_____ _____ _____)

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6. Make a safety inspection (under adult supervision) of the family car. Check such things as the lights, turn signals, wiper blades, tires, brakes, exhaust system, and emergency lights, listing things that could be hazardous. Talk to your parents about how these conditions could be remedied.

Complete the chart on the following page.

7. List ten pieces of safety equipment that should be carried in the family car.

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